

Form: Whose Problem Is It Anyway?

Teacher: _____ Trainer: _____

Site: _____ Date: _____

Directions

- REVIEW pages 12–13 in Module 8 *Guidance — Behavior Is A Message*.
- IDENTIFY times during the day when children’s behavior is likely to spin out of control.
- DETERMINE what environmental supports or changes can be put in place to help children avoid becoming overwhelmed or out of control.
- RECORD your responses below.
- Use the Answer Key to COMPARE your answers to the samples provided.

Behavior problems in children often occur when they are asked to perform in ways that exceed their developmental capacity. Common examples include asking children to sit for long periods of time, or to hurry through transitions.

1. Times of the day that are difficult for children:

2. Are the activities at these times developmentally appropriate?

3. What environmental supports or changes can be put in place to help children be more successful?

Continued

Sample Answers

Times of the day that are difficult for children:
arrival, transitioning, coming in from outside play, dismissal time.

Are the activities at these times developmentally appropriate?
Usually. Sometimes transitions are rushed. I need to remember to give enough time, use props (like music), and slow down.

What environmental supports or changes can be put in place to help children be more successful?
Predictable ways of greeting children, predictable transition rituals, quiet activities after outdoor play, a calm, predictable activity prior to dismissal, options for rest or quiet play throughout the day.